

SPA & WELLNESS CLUB

Welcome to Spa & Wellness Club, an invitation to serenity in the heart of Dubai, far from the tumult of daily life. In a soothing and refined atmosphere where time seems to stand still, we invite you to discover the celebrities beauty secret collection of face and body treatments.

Immerse yourself in a serene atmosphere suspended in time, where you will savour our exclusive protocols in the beauty and tranquility of our treatment rooms, or indulge in a romantic moment in a dedicated room for two.

Offering you the ultimate treatment experience, our programs are uniquely designed for your personal needs, creating a balance of life between spa treatments, mindfulness and body therapies.

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CAROL JOY
LONDON

At the heart of Carol Joy London is the ability to deliver instant, transformational results on the skin and a client experience that surpasses all others. Carol Joy London has discovered the highly glamorous solution of combining clinically proven Pure Triple-Action Collagen and Refined Organic Golden Millet Oil, expertly developed by scientists for you to experience the difference

QMS
MEDICOSMETICS

Scientific logic is the foundation of QMS Medicosmetics whereby initially Dr. Schulte's revolutionary technology was used to enhance the messenger techniques so high-quality ingredients had improved efficacy. The total collection produced is of the highest grade for its market sector and has received global certification. QMS combines the highest quality ingredients with scientific formulations.

DRBURGENER
SWITZERLAND

Dr. Pauline Burgener Switzerland is known as the "haute couture" of skincare. DR BURGENER Switzerland stands apart many brands having its own laboratory for creating bespoke Swiss ranges and products using the latest cutting edge Swiss technologies. In combining treatments and products with a high concentration of natural active ingredients, such as Green Caviar, 100% Collagen, Gold trace elements, all hand selected, they create a unique portfolio of products and concepts bespoke to individual spa and wellness facilities.



> FACIALS

24 CARATS GOLD FACIAL Signature | 90MIN | AED 1 200

Discover the secret to a fresh and luminous complexion with this facial. A 24ct gold leaf mask is applied & massaged into the skin to boost blood circulation, illuminate and brighten the skin. A Rose Quartz Roller then increases circulation, stimulates lymphatic drainage and reduces puffiness. The ultimate facial that leaves skin glowing.

CAVIAR & ALGAE FACIAL Signature | 90 MIN | AED 940

A luxuriously intensive facial that deeply hydrates and detoxifies. This treatment rejuvenates and instantly brightens the complexion using nourishing Caviar & Algae. Soothing Collagen Eye Masks calm puffiness under the eyes while acupressure targets pressure points and relieves stress.

LED LIGHT THERAPY | 75 MIN | AED 800

A high-tech facial using advanced LED light therapy to reduce surface lines. Gentle waves stimulate cell activity to increase collagen and elastin production. Skin is energised and healing accelerated, leading to revitalised, balanced skin and an improve-ment in a range of skin conditions.

FIRE & ICE FACIAL | 60 MIN | AED 740

Rejuvenate the skin and restore an illuminating glow. A warming LED mask uses bespoke light wavelengths to target specific skin conditions targets, working at a cellular level to accelerate healing and boost collagen production. An icy cryo-globe glides over the skin to increase circulation and boosts collagen production, skin is left fresh, glowing and rejuvenated.

AGE DEFY | 90 MIN | AED 940

Created to relieve tension and defy the signs of ageing. A myofascial massage works at a deep level to refine skin, soften lines and tighten facial muscles, before an invigorating scalp massage. To finish, collagen eye mask refreshes the eye area and plumps fine lines, with acupressure to target pressure points and relieve stress.

SCULPTING EYE LIFT| 30MIN | AED 360

To refresh, lift and firm the delicate eye area, a powerful, age-defying treatment combining collagen peptides with soluble and insoluble collagen to repair and reduce fine lines. Hyaluronic acid restores moisture which helps banish dark circles, while cooling rose quartz rollers reduce signs of tiredness & aid lymphatic drainage. A blissful scalp massage with a nourishing hair mask relieves the stress of modern living

ENHANCEMENTS

ACNE EXTRACTION | 30 MIN | AED 150



> FACIALS

NEOTISSUEDERMI ULTIMATE HYDRATION THERAPY Signature | 90 MIN | AED 1200

Deliver a lifting and tightening therapy in combinaison with a collagen-boosting treatment to help improve the tonicity and smoothe skin texture.

REJUVENATING COLLAGEN FACIAL | 90MIN | AED 1100

Restores and revitalizes the complexion whilst delivering an important boost to the moisture levels through the use of pioneering wellbeing treatment masks and QMS signature 70% natural soluble collagens. Skin is left firmer and with more volume, fine lines are reduced and texture is improved.

TREAT SENSISTIVE SKIN | 60MIN | AED 800

Calms inflammation and regenerates the basic fucntions of the skin which are important in improving the overall wellness of the skin. Delivers effective results in improving the complection without causing further irritation.

PIGMENT CORRECTOR | 90MIN | AED 1100

Delivers specialised treatments targeting excessive and irregular pigmentation on the face, decollete and if required the hands. Features QMS's innovative and highly effective Even Tone Day and Night Serum which blocks the melenin synthesis causing the irregular dark spots and helps restor skin tone.



SK ALPHA REVITALIZING AND PERFECTING FACIAL | 90MIN | AED 1100

Detoxifies the skin and focuses on stimulating the microcirculation through the use of a unique thermal-active revitalizing mask, this results in an instant boost to the complexion. Skin is left visibly smoother and the radiance is restored.

SCULPTURAL BUCCAL LIFT MASSAGE | 30MIN | AED 435

Buccal massage is the most advanced rejuvenative and therapeutic facial massage technique. It is like no other facial massage due to the nature of the technique. It requires working not only on the outside of the face but also on the inside through the oral cavity

OXYGENEO FACIAL TREATMENT | 60MIN | AED 1575

OxyGeneo provides a natural physiological process to increase oxygen levels in the skin and achieve exceptional result. Unlike other technologies, oxygeneo utilizes natural oxygen from within resulting in an effective treatment and immediate results.

HYDRAFACIAL TREATMENT FOR HAIR OR SKIN | 60MIN | AED 1599

HydraFacial is combination of cleansing, exfoliation, hydration & antioxidant protection. Suitable for all skin types, and is partic-ularly effective in targeting skin problems and conditions such as blackheads, whiteheads, acne, sun damage, uneven skin tone and the onset of wrinkles.

ENHANCEMENTS

ACNE EXTRACTION | 30 MIN | AED 150



> MUMMY & ME

While taking care of you, offer your children a selection of treatments to enjoy their first exclusive spa journey.

MY FIRST MASSAGE | 30 MIN | AED 320

A soft massage of the back, neck and shoulders with Aromasoul Oil.

MY FIRST FACIAL 30 MIN | AED 360

This treatment uses organic product to gently cleanse and moisturize. Includes a tender hand massage.

SUGAR BODY SCRUB | 30 MIN | AED 240

Sugar Scrub, offers a gentle exfoliation and sweet treatment.

MY FEET TREAT | 30 MIN | AED 140

Fancy nails and polishes to leave you with very happy feet.

SHINY HANDS | 30 MIN | AED 120

Nails are gently buffed to a healthy shine and finished with a coat of polish.

MASSAGE COLLECTION

> TRADITIONAL MESSAGES

MASSAGES TRADITIONAL THAI | 60/90MIN | AED 800/990

Enjoy a traditional form of massage with roots extending to ancient times. Applying force on pressure points, muscles and ligaments, the spine is elongated and relieved of tension, and the joints are stretched. Experience a renewed sense of well-being energy and flexibility.

HOT STONE MASSAGE | 60/90MIN | AED 800/990

A combination of warm aromatherapy oils, heated. Balinese stones massage techniques that creates a lasting impression and instant benefits that melt away your stress and tension. That massage eases aches and pains and balances key energy points.

REFLEXOLOGY | 60MIN | AED 550

An uplifting massage which focuses on the reflex points on the feet that help to restore a sense of well-being

BALINESE RELAXING MASSAGE| 60/90MIN | AED 770/950

Experience a variety of massage techniques - gentle stretching, acupressure and application of aromatherapy oils to stimulate the flow of blood, oxygen and Qi energy around the body. Relax, increase your circulation and feel spiritually renewed.

DEEP TISSUE | 60/90MIN | AED 800/990

A unique deep tissue aromatherapy face and body massage, decontracting tense muscles and relieving tensions for a pleasant experience of wellbeing.

ENHANCEMENTS

HEAD, NECK & SHOULDER MASSAGE | 30 MIN | AED 275

MINI FACIAL | 30 MIN | AED 275 |

HYDRATHERAPY | PRICE UPON REQUEST



BODY COLLECTION

Restore your body with luxurious rituals incorporating natural and organic scrubs and wraps.

> BODY EXFOLIATION

SWISS SALT CRYSTAL SCRUB | 45MIN | AED 450

Extracted from the glaciers in the Swiss Alps, our Salt Crystals are rich in therapeutic minerals to detoxify. When combined with the Dr Burgener Sweet Almond Oil, this treatment will renew and help to regenerate the surface cells of the skin.

DELICATE SKIN EXFOLIATION | 45MIN | AED 450

Suitable for all skin types even the most sensitive, it removes impurities, stimulates cell regeneration and softens the skin. The essential oils revitalize the body and senses and the polyphenols contained in grapes combat free radical stress. The skin is left radiant and refined.



> BODY WRAP

SWISS SALT CRYSTAL DETOX BODY WRAP Signature | 90MIN | AED 980

Extracted from the glaciers of Swiss Alps, our Salt Crystals, enriched with the Dr Burgener Draining Body Concentrate are rich in therapeutical minerals to detoxify and drain. This treatment is ideal to reduce water retention and drain toxins, hence maximizing slimming results.

CHARDONNAY ANTI-AGING Signature | 90MIN | AED 980

This ritual uses grape seed extracts of Chardonnay, the noblest grape used in the production of Champagne. Vinotherapy research has discovered that the polyphenol contained in grapes have powerful anti-aging properties. This exfoliating and anti-aging treatment will leave your skin glowing and rejuvenated.

SWISS COCOA | 90MIN | AED 760 | *Limited edition*

Through the ultimate firming properties of Tannins, which are found within Swiss Chocolate, this treatment is rich in fatty acids and phospholipids contained in the cocoa bean, which assist to nourish and repair the skin. When used in conjunction with our Dr Burgener Anti-Aging Concentrate, the skin is left firmer with lus- tre restored.

ROYAL DAMASCAN ROSE | 90MIN | AED 760 | *Limited edition*

Our anti-aging ritual uses beautiful Damaskan Rose to rehydrate and soothe the skin. Pink clay found within the mountains of Syria gently gets the body rid of impurities, while allowing moisture to be retained. Further benefits are achieved, with the addition of the Dr Burgener Active Anti-Aging Concentrate. This precious combination of royal jelly, honey,propolis and essential oils, allows for optimal results.

HYDRATING SWISS MILK | 90MIN | AED 760 | *Limited edition*

This regal treatment reminiscent of Cleopatra's favourite beauty ritual, uses Swiss Milk to nourish the skin. Our body wrap incorporates powerful Casein, contained within Milk along with a three clay elixir. The skin is left highly nourished with hydration restored. The addition of our Dr Burgener Active Anti-Aging Concentrate brings an increased efficiency for exceptional results.

ALGAE DRAINING | 90MIN | AED 760

From the Atlantic coast of Brittany, France, this draining and re-mineralizing algae treatment is renown for its slimming and detoxifying properties. The addition of our Dr Burgener Active Draining Concentrate gives our contouring treatment excep-tional results.

BODY COLLECTION

> SLIMMING CARE

SWISS DETOX RITUAL IN 3 STEPS WRAP & SCRUB & MASSAGE | 90MIN | AED 900

This ritual consists on slimming and detoxifying treatments that will invigorate and refresh the body resulting in smoother texture, firmer skin and more contoured figure. Our treatment begins with scrub, then continues with our cryofit wrap, Our treatment finishes with a Lympho massage, to drain fluids and reduce water retention.

WRAP & SCRUB DRAINING CRYOFIT | 60MIN | AED 580

This cold & refreshing treatment is famous to work on a better lymphatic circulation. It relaxes the veins and exfoliates the orange skin. It is an effective cure for heavy legs. Due to the Menthol and Camphor ingredients, it will invigorate and refresh the body.

LYMPHO PALPER ROULER MASSAGE | 40MIN | AED 350

This massage consists of movements that palpate and roll, working on the cutaneous adhesions deep within the skin.Our Dr Burgener Svelt oil aids in slimming and detoxifying. Our treatment finishes with a light Lympho massage, to drain fluids and reduce water retention. Localized areas only.

ENHANCEMENTS

GOLD FIRMING MASK |AED 320|

HYDRA FILLER MASK |AED 280|

COLLAGEN VOLUME |AED 200|

EYE ILLUMINATION |AED 180|

ALPHA WHITE |AED 200|

ALPINE PURITY |AED 200|

SCALP MASSAGE |AED 180|

COLLAGEN LIP THERAPY |AED 180|

HAMMAM COLLECTION (Only at Address Boulevard)

> MAISON D'ASA

ARABIAN SIGNATURE | 90MIN | AED 850

A homage to holistic Moroccan apothecary, embellished with fresh fragrances and natural textures appealing to all the senses and conveying the very essence of Morocco's heritage. An opening ceremony of scalp relaxation and breathing techniques with signature inhalation. a totally regenerating body treatment, with black soap & eucalyptus, a Kessa exfoliation, honey scrub, mint, rhassoul , and ultimate hair-cleansing. Culminating in a deep facial cleanse and month foot bath with signature inhalation.

ATLAS JOURNEY DETOX HAMMAM | 60MIN | AED 700

Detoxification of the body, elimination of toxins and renewed pliability and elasticity to the skin and muscles. Maison d'Asa draws on technique of modelage and use natural active ingredients to ensure smooth, silky and beautiful cures.

ATLAS JOURNEY RITUAL | 120 MIN | AED 1050

Detox hammam with Detox Massage
A specialized lymphatic massage to boost circulation and revive the body. A sweet orange oil nourishes the skin and provides an experience of wellness.

MOROCCAN JOURNEY | 60 MIN | AED 700

A most authentic experience of cleansing, soothing and moisturization of the body and the face with rose blossom Moroccan clay and Oud spritz. A sublime experience with tradition yet poignant and result driven Argan Oil and Prickly Pear facial with a restoring hair treatment. Culminating in a Oud oil application and mist to complete a spa to home experience.

GATEWAY TO INDULGENCE | 120 MIN | AED 1150

An ancestral body purification featuring a blend of Oriental fragrances and Arabian scents. Woody essences combined with Musk Rose take you on a sensorial Moroccan hammam cleansing ritual. Combines with Sandalwood ancestral body massage to rejuvenate and ease muscle tension with "noble" organic sandalwood combined with the placement of hot stones. This journey will vanish tension and calm the mind, creating a state of inner longevity and a sensation of intense peace.

GATEWAY TO INDULGENCE (WITH FACIAL UPGRADE) | 180 MIN | AED 1300

UPGRADE:
Culminating in a gentle facial treatment that draws on Mother nature's treasures to thoroughly, yet gently cleanse the skin allowing it to breath again.
60 minute hammam and 60 minute facial with optional 60 minute facial upgrade.

PRESSOTHERAPY

Lymphatic drainage, aqua therapy & blood circulation.

- SINGLE SESSION (60 MIN) FROM AED 450
- PACKAGE OF 10 SESSIONS FROM AED 3500

MADERO THERAPY

Lymphatic drainage & Cellulite

- SINGLE SESSION (60 MIN) FROM AED 850
 - PACKAGE OF 10 SESSIONS FROM AED 4500
- LOCALIZED AREAS:

- STOMACH
 - THIGH
 - LEGS
 - LOVE HANDLE/WAIST
-
- SINGLE SESSION (90 MIN) FROM AED 900
 - PACKAGE OF 10 SESSIONS + 2 FOC FROM AED 8000
- LOCALIZED AREAS:
- STOMACH
 - THIGH
 - LEGS
 - LOVE HANDLE/WAIST
 - BUTT
 - ARMS

MADERO THERAPY FOR FACE

- SINGLE SESSION FROM AED 300
- PACKAGE OF 10 SESSIONS FROM AED 2500





PACKAGES

> COUPLE PACKAGES

THE LOVING SOULS | 150 MINS | AED 2 500

- Choice of Massage
 - Deep tissue Massage
 - Thai Massage
 - Hot Stone Massage
- Bespoke Facial
- Classic Manicure/Pedicure Combo

THE MOROCCAN ELIXIR | 180 MINS | AED 2 900

- Moroccan Journey (Only at Address Boulevard)
- Choice of Massage
 - Deep tissue Massage
 - Thai Massage
 - Hot Stone Massage
- Classic Manicure/Pedicure Combo

THE DUBAI GATEWAY | 135 MINS | AED 2 200

- Swiss Salt Crystal Scrub
- Choice of Massage
 - Deep tissue Massage
 - Thai Massage
 - Hot Stone Massage
- Bespoke Facial

> SINGLE PACKAGES

THE ENERGIZING | 90 MINS | AED 1 500

- Facial (Age Defy)/ Massage
- Classic Manicure/Pedicure Combo

THE TRAVELLERS | 180 MINS | AED 1 500

- Facial (Age Defy)
- Eye Lash (Russian Full Set)
- Classic Manicure/Pedicure Combo

GLAMOUR | 120 MINS | AED 1 100

- Russian Full Set
- Classic Manicure/Pedicure Combo
- Lashes Refill

BEAUTY

BEAUTY FOR HANDS AND FEET

• Classic Manicure	30/45 MIN	AED 150
• Classic Pedicure	30/45 MIN	AED 180
• Classic Manicure/Pedicure Combo Classic	60 MIN	AED 300
• Polish Change	15 MIN	AED 60
• Classic French Manicure	45 MIN	AED 180
• Classic French Pedicure	45 MIN	AED 210
• Classic French Manicure/Pedicure Combo	45 MIN	AED 360
• Spa Manicure	60 MIN	AED 210
• Spa Pedicure	60 MIN	AED 250
• Spa Manicure/Pedicure Combo	60 MIN	AED 400
• Gel Manicure	60 MIN	AED 220
• Gel Pedicure	60 MIN	AED 260
• Gel Manicure/Pedicure Combo	60 MIN	AED 450
• Gel French Manicure	60 MIN	AED 250
• Gel French Pedicure	60 MIN	AED 290
• Gel French Manicure/Pedicure Combo	60 MIN	AED 510
• Acrylic Nails Extension	120 MIN	AED 580
• Acrylic Nails - French	120 MIN	AED 610
• Acrylic Refill	90 MIN	AED 460
• Ombre Nail Extension	120 MIN	AED 610
• ADD ON Gel on Top Color	15 MIN	AED 150
• ADD ON French Gel/ Ombre Gel on Top	20 MIN	AED 160
• Jelly Spa Pedicure	60 MIN	AED 290
• Callus Treatment/Removal Enhancement	30 MIN	AED 150
• Removal	30 MIN	AED 180
• Nails Cutting and Filing	15 MIN	AED 60
• Nails Shape and Polish	15 MIN	AED 80
• Gel Removal	20 MIN	AED 50

WAXING

• Full leg	45 MIN	AED 250
• Half leg	25 MIN	AED 160
• Arms	25 MIN	AED 210
• Underarms	15 MIN	AED 150
• Bikini	30 MIN	AED 120
• Brazilian Bikini / Full	50 MIN	AED 400
• Eyebrows, Lip or Chin	15 MIN	AED 100
• Back	45 MIN	AED 220

LASHES & EYEBROWS

• Russian Full set	120 MIN	AED 800
• Natural Full set	90 MIN	AED 600
• Lashes Refill	60 MIN	AED 380
• Lash Lift	60 MIN	AED 450
• Lash Tint	30 MIN	AED 120
• Lash Removal	30 MIN	AED 180
• Brow Tint	15 MIN	AED 110
• Brow Lift	60 MIN	AED 350

HAIR THERAPY

• Cryo hair therapy	120 MIN	AED 280
• Sun Repair	60 MIN	AED 480
• Deep Hydration	60 MIN	AED 520
• Detox Scrub treatment	30 MIN	AED 660

HOW TO ENJOY SPA & WELLNESS CLUB

ARRIVAL AT THE SPA

We invite you to arrive 30 minutes before the time of your appointment. This will allow you to change in total tranquility and enjoy the Spa's facilities before your treatment (bathrobes and slippers are provided). Any delay will result in a reduction in the duration of your treatment without a commensurate reduction in price.

GIFT VOUCHERS

Our gift vouchers, available at the Spa, are issued in the name of the recipient and valid for a period of one year. Vouchers may not be exchanged or refunded.

HEALTH

We thank you for sharing any useful information about your health, allergies or injuries at the time of your reservation. A health questionnaire must be completed prior to any treatment. This procedure is mandatory in order to provide you with a service tailored to your needs. We recommend that you check with your doctor to confirm that it is safe for you to use the hammam before your treatment. Heat is not recommended for people with hypertension, circulatory problems, asthma or breathing difficulties.

LOSS OR DAMAGE OF PERSONAL BELONGINGS

We do not accept liability for loss or damage of personal effects. We recommend you keep your valuables either in the locker provided in our locker room or in your room safe if you are a guest at the hotel.

CANCELLATION POLICY

Please note that in the event of any modification or cancellation you should advise the reception

HYGIENE RULES

For the sake of hygiene and cleanliness and to ensure the safety and health of our guests and teams, all of our equipment is cleaned and sterilized after each treatment and each use by our guests.

RESERVATIONS

We strongly advise you to book your treatment at least one day in advance to ensure that the desired time slot and services are available. You may contact us on +97144367424. Non-Hotel guests will receive an email or a confirmation call the day before an appointment.

ROOM SERVICE

You can request to have a massage, manicure or pedicure in your room. An additional AED160 per treatment will be charged for this service. For any treatment provided outside the Spa's opening hours, an additional 50% of the treatment cost will be applied.

CELLPHONES

Our Spa is a place of calm and relaxation. To respect the tranquility of all of our guests, we kindly ask you to turn off your cell phone and other electronic devices. If you are waiting for a phone message, please notify our receptionists, who will be happy to assist you.

DRESS CODE

For the sake of comfort, Hotel guests are permitted to visit the Spa in their bathrobe. Disposable underwear is at your disposal for treatments. If you forget your swimsuit, please note that swimwear is available for purchase at the Spa reception.

CHANGING ROOMS

For your comfort, our changing rooms are at your disposal, where you'll find bathrobes, slippers and all the necessary accessories.