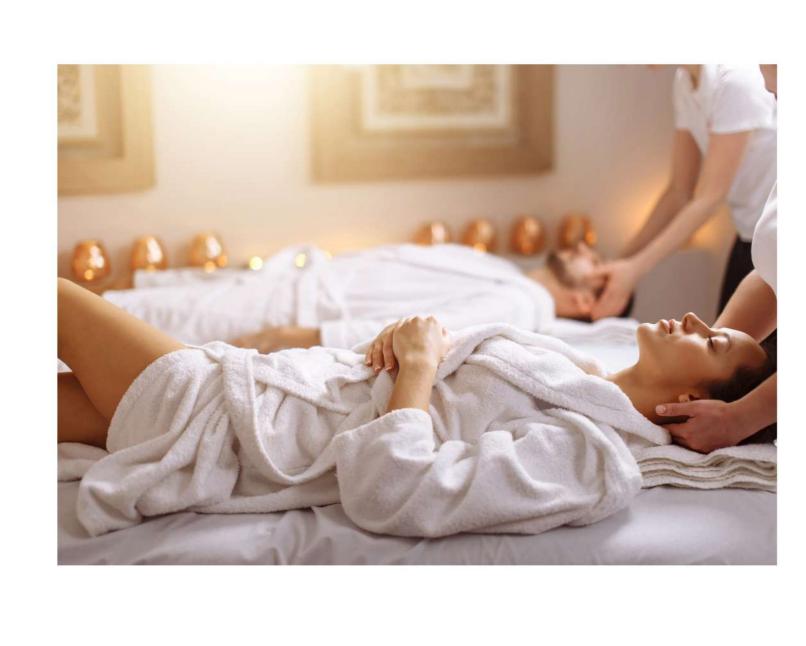
# SPA & WELLNESS CLUB

Address Dubai Marina, Al Marsa Street.66. Dubai Marina P.O. Box 32923 . Dubai . UAE Landline +971 44367424 | mobile & whatsapp +971 565221391 | Thespaaddressmarina@somiya-group.com



### WELCOME TO SPA WELLNES CLUB

Welcome to spa & wellness club, an invitation to serenity in the heart of Dubai, far from the tumult of daily life. in a soothing and refined atmosphere where time seems to stand still, we invite you to discover the celebrity's beauty secret collection of face and body treatments.

Immerse yourself in a serene atmosphere suspended in time, where you will savor our exclusive protocols in the beauty and tranquility of our treatment rooms or indulge in aromantic moment in a dedicated room for two. Offering you the ultimate treatment experience, our programs are uniquely designed for your personal needs, creating a balance of life between spa treatments, mindfulness and body therapies."



# **Natura Bissē**

Natura bissé has been chosen as the world's best spa brand from 2018 till 2021 for world spa awardstm, a global initiative that rewards spa industry excellence since 2015. World spa awardstm is dynamic programme designed to drive up standard of wellness tourism. Natura bissé has a remarkable spa legacy that translates in to unbeatable expertise in skin care. Our knowledge of the spa world and our presence in the most celebrated spas in the world give us intimate knowledge of our guests; their skin, their concerns and their goals. Over 150 pioneering products crafted with honesty, excellence, science and even poise. Conceived to address every skin concern and satisfy every client's needs, formulated with high concentrations of the most innovative ingredients.



# BURGENER SWITZERLAND

Dr. Paulineburgener Switzerland is known as the "haute couture" of skin care. Dr. Burgener Switzerland stands apart many brands having its own laboratory for creating bespoke swiss ranges and products using the latest cutting-edge swiss technologies. Incombining treatments and products with a high concentration of natural active ingredients, such as green caviar, 100% collagen, gold trace elements, all hand selected, they create a unique portfolio of products and concepts bespoke to individual spa and wellness facilities.



DIAMOND RITUAL



#### Diamond Life Infusion 90 min | AED 1200 Renews · Firms · Revitalizes

increasing firmness and elasticity. **Diamond Luminous System** 

60 min | AED 800 Depigments · Evens skin tone · Brightens

This luxurious facial will diminish the appearance of hyper pigmentation, leaving the skin with a radiant glow. Perfect to restore brightness and balance tone while fighting dark spots.

Preserves skin's youthfulness and slows the aging process. Visibly diminishes fine lines and wrinkles and restores a youthful glow to every level of the skin. Dramatically reverses premature aging while

Natura Bissē

# SKIN CARE ATELIER



#### Sculpts · Firms · Tightens Remodeling and firming treatment with three types of collagen of different molecular weights (high, medium and low), that sculpts and defines facial contour, improves skin density and preserves

The 3D Collagen Shock

60/90 min | AED 700 | 900

60/90 min | AED 700 | 900 Detoxifies · Restores · Hydrates

moisture. This innovative facial provides an outstanding lifting and firming effect for incredibly supple and plump skin. The Cure

A true antidote against the ravaging effects of our modern lifestyle on our skin. This deeply cleansing facial includes an innovative enzymatic detox, a steam to open and purify pores and a meticulous extraction process, for extraordinarily soft, radiant skin.

Natura Bissē

# SKIN CARE ATELIER



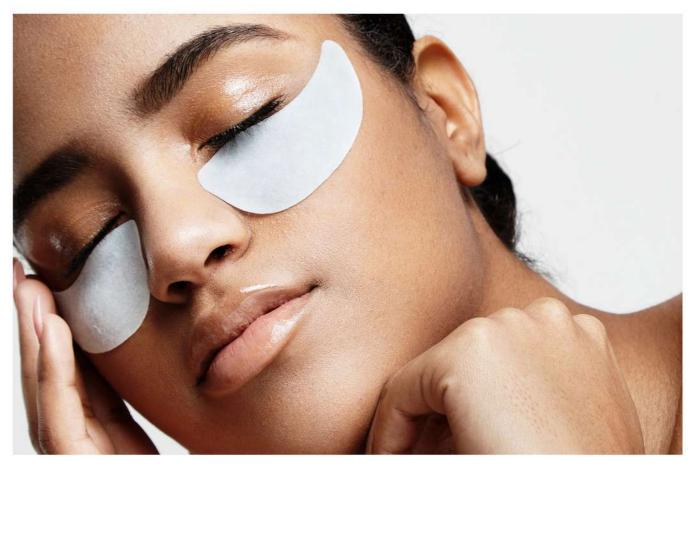
### 60 min min | AED 600 Customised treatment for your skin Oxygenates · Revitalises · Soothes

**Essential Facial** 

Relax and allow us to take care of your skin. Our expert aestheticians will choose the perfect treatment for you that suits your skin requirements: oxygenation with oxygen line, antioxidant boost with C + C Vitamin line and reinforce your skin with NB ceutical line for sensitive skin.

Natura Bissē

### ESSENTIAL FACIAL



#### 60 min | AED 500 Purifies · Brightens · Balances This essential exfoliating and invigorating treatment reenergizes cellular function for visibly hydrated

The O<sup>2</sup> Relax

skin. The revitalizing power of pure oxygen cleanses and brightens a dulled complexion, restoring clarity and a healthy glow. The Citrus Essence

60 min | AED 500 Revitalize · Stimulates · Firms An antioxidant treatment that restores vitality to sun-damaged skin and helps minimize signs of pre-

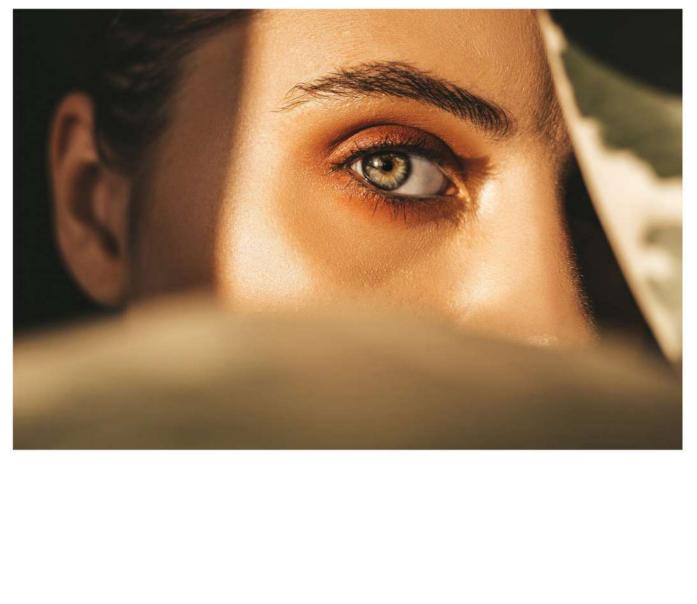
mature aging. vitamin C stimulates collagen production and renews skin firmness, while improving luminosity and hydration. The Skin Comfort

60 min | AED 500 Soothes · Comforts · Calms Comfort your skin with this treatment to fortify skin tolerance, visibly reduce sagging and reverse microinflammation, which causes premature aging. Specifically designed for instant skin protection,

this customized facial is your solution to hypersensitivity and rosacea.

Natura Bissē

### ADD ON

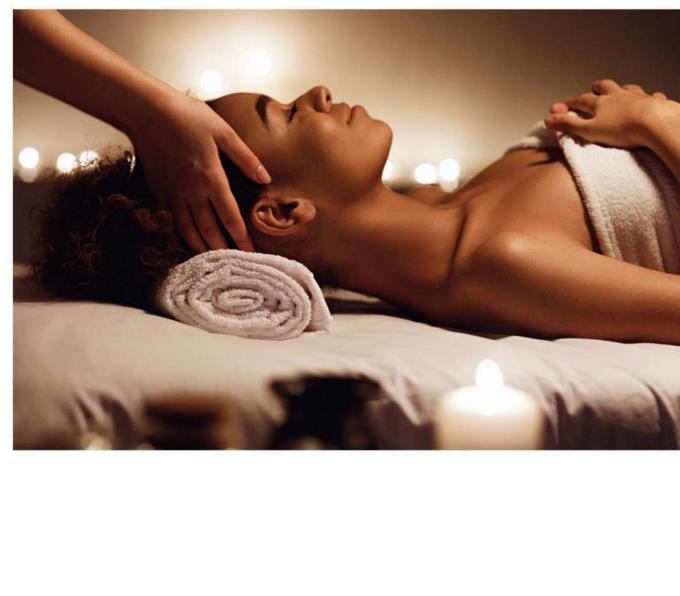


#### Add On **Essential Eye** 15 min | AED 99

DE-Puffs · Decongests · Nourishes A targeted treatment that relieves puffiness and dehydration around the eye contour area with a combination of cleansing, nourishing and decongesting ingredients, such as marine algae.

Natura Bissē

DIAMOND WELL-LIVING



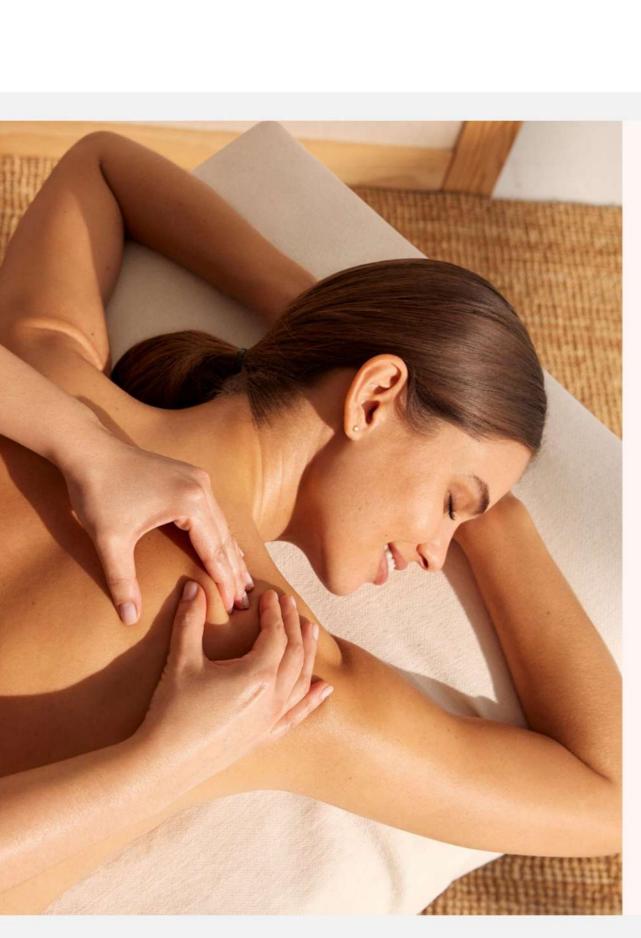
#### 60/90 min | AED 600/800 Soothes · Hydrates · Relaxes What do you need today? A boost of vitality? To leave fatigue behind you? To switch off and relax? To detoxify mind and body? You choose how much time you have available and the sensations you want

Personalized Massage + DWL Cryo Gel/DWL Warming Gel

to experience. Enjoy this exceptional tailored ritual that gives the mind and body exactly what it

**FITNESS** 

Natura Bissē



### Personalized Massage "Let yourself be seduced by a Natura bissé massages, that include signature techniques to transport you to a higher state of well-being. Choose the essence and design a custom-made ritual that will transform your

mood. and enjoy the specific benefits of the chosen oil to detox, relax, recharge or energize."



THE DRY OIL DETOX

**DETOX** 

Marine Seaweed and Chia When you need a reset

Natura Bissē

DIAMOND

THE DRY OIL DE-STRESS

**DE-STRESS** 

**Press Pause** 

Lavender and Grape Seeds

THE DRY OIL FITNESS

Mint and Eucalyptus

Ramp Up Your Recharge

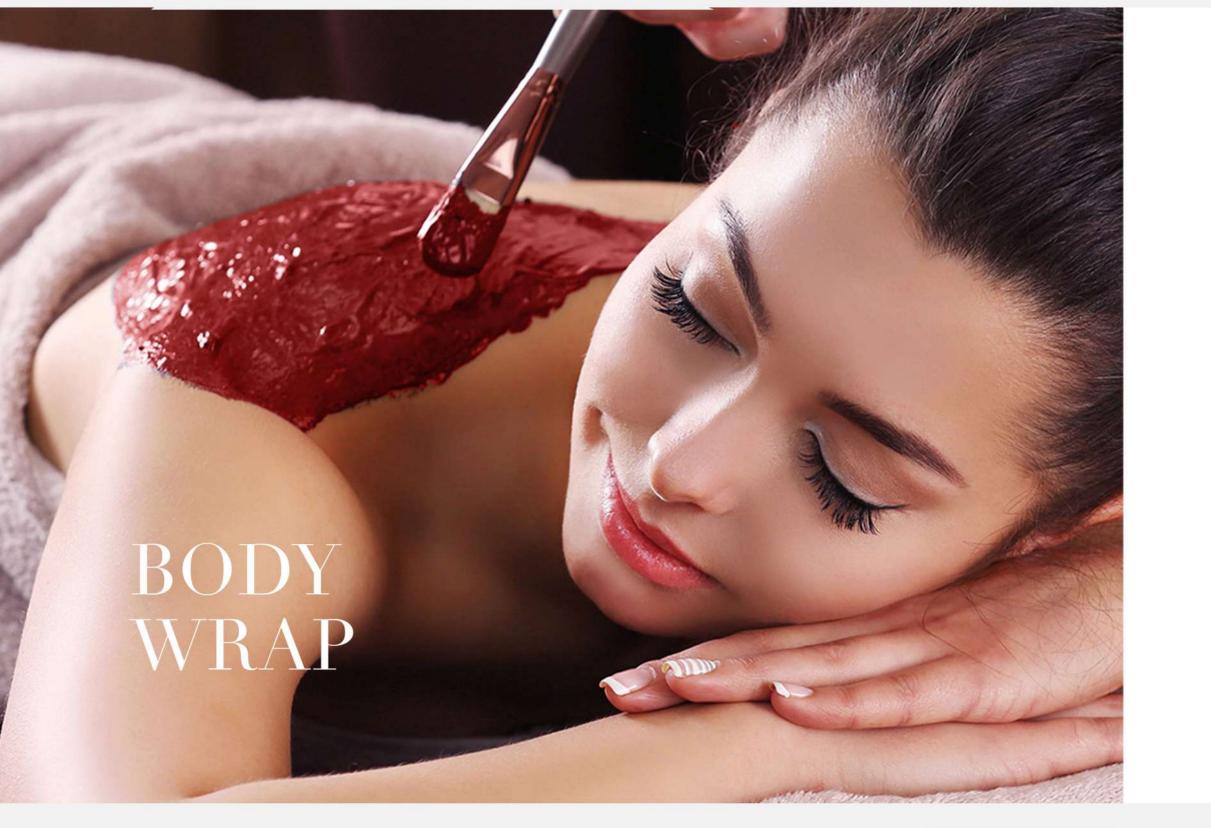
Natura Bissē

DIAMOND WELL-LIVING

THE DRY OIL ENERGIZING

**ENERGIZING** 

Citrus, Cypress, Sage and Rosemary Breath with Vitality



### **Swiss Salt Crystal Detox Body Wrap Signature**

90 min | AED 980

Extracted from the glaciers of swiss alps, our salt crystals, enriched with the Dr Burgener draining body concentrate are rich in therapeutical minerals to detoxify and drain. This treatment is ideal to reduce water retention and drain toxins, hence maximizing slimming results.

### **Chardonnay Anti-Aging Signature**

90 min | AED 980

Swiss Cocoa

This ritual uses grape seed extracts of chardonnay, the noblest grape used in the production of champagne. Vinotherapy research has discovered that the polyphenol contained in grapes have powerful anti-aging properties. This exfoliating and anti-aging treatment will leave your skin glowing and rejuvenated.

90 min | AED 760 | Limited Edition Through the ultimate firming properties of tannins, which are found within swiss chocolate, this treatment is rich in fatty acids and phospholipids contained in the cocoa bean, which assist to nourish and repair the skin. When used in conjunction with our Dr Burgener anti-aging concentrate, the skin is left firmer with luster restored.

#### **BODY WRAP**

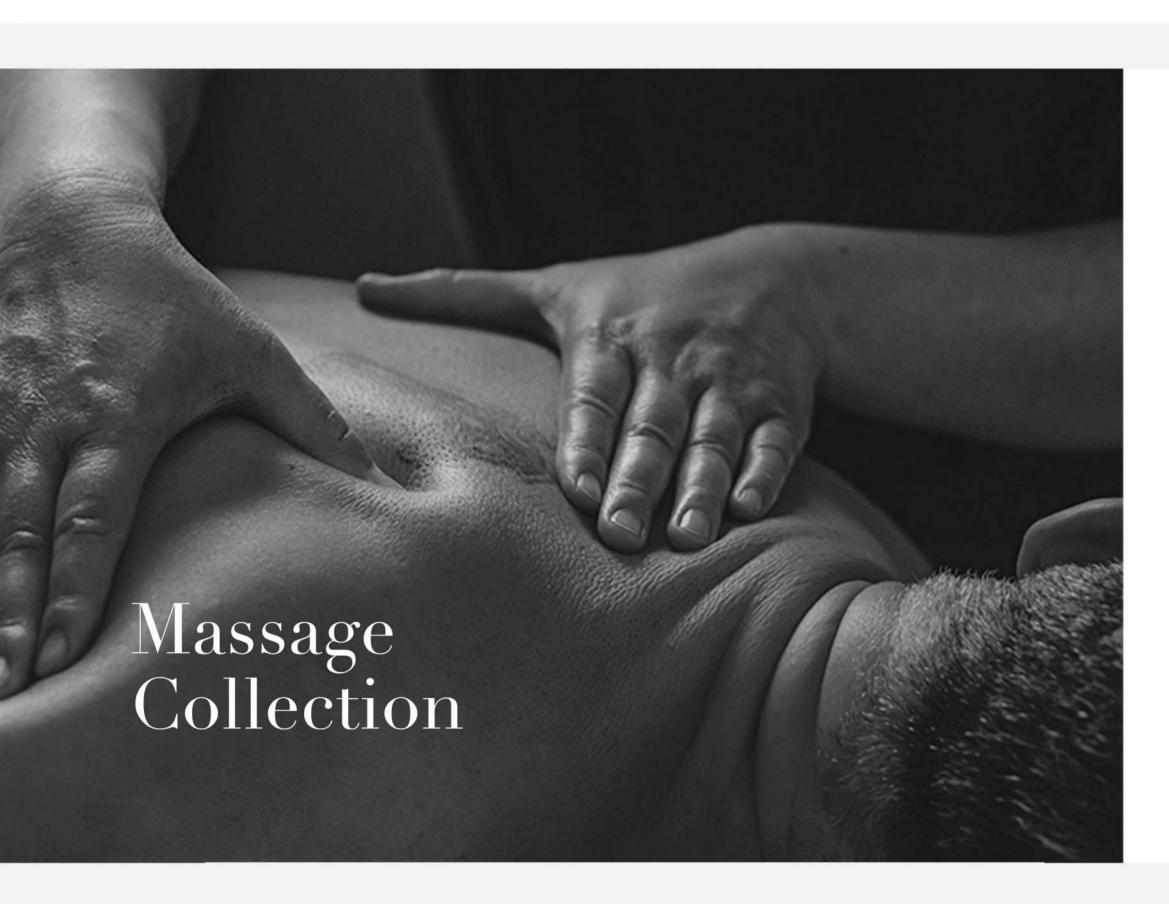


#### Royal Damascan Rose 90 min | AED 760 | Limited Edition

Our anti-aging ritual uses beautiful damascan rose torehydrate and soothethe skin. Pinkclay found within the mountains of Syria gently gets the body rid of impurities, while allowing moisture to be retained. Further benefits are achieved, with the addition of the Dr Burgener active anti-aging concentrate. This precious combination of royal jelly, honey, propolis and essential oils, allows for optimal results.

#### **Hydrating Swiss Milk** 90 min | AED 760 | Limited Edition

This regal treatment reminiscent of cleopatra's favorite beauty ritual, uses Swiss milk to nourish the skin. Our body wrap incorporates powerful casein, contained within milk along with a three-clay elixir. The skin is left highly nourished with hydration restored. The addition of our Dr Burgener active anti-aging concentrate brings an increased efficiency for exceptional results.



### Traditional Massage

#### **Massage Traditional Thai** 60 / 90 min | AED 800 / 990

Enjoy a traditional form of massage with roots extending to ancient times. Applying force on pressure points, muscles and ligaments, the spine is elongated and relieved of tension, and the joints are stretched. Experience a renewed sense of well-being energy and flexibility.

### **Hot Stone Massage**

60 / 90 min | AED 800 / 990

A combination of warm aroma therapy oils, heated. Balineses tones massage techniques that create a lasting impression and instant benefits that melt away your stress and tension. That massage eases aches and pains and balances key energy points.

#### TRADITIONAL MASSAGE



#### Reflexology 60 min | AED 550

An uplifting massage which focuses on the reflex points on the feet that help to restore a sense of well-being

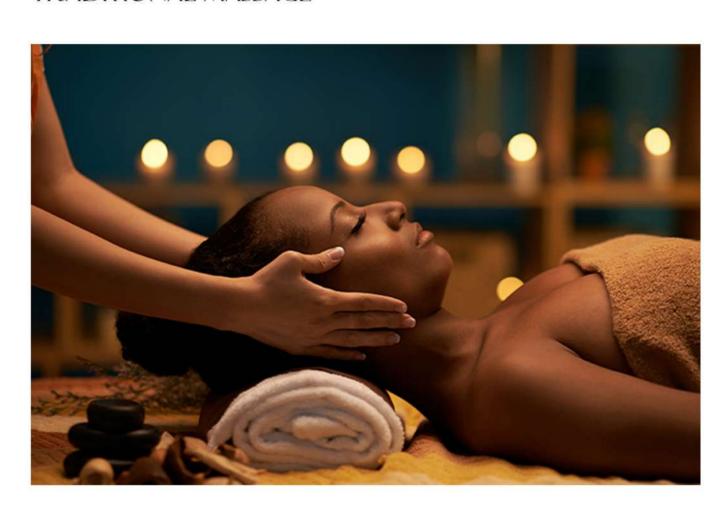
#### **Balinese Relaxing Massage** 60 / 90 min | AED 770 / 950

Experience a variety of massage techniques-gentle stretching, acupressure and application of aromatherapy oils to stimulate the flow of blood, oxygen and QI Energy around the body. Relax, increase your circulation and feel spiritually renewed.

#### Deep Tissue 60 / 90 min | AED 800 / 990

A unique deep tissue aroma therapy face and body massage, releasing tense muscles and relieving tensions for a pleasant experience of wellbeing.

### TRADITIONAL MASSAGE



#### Mother to be Massage 60 / 90 minutes | AED 800 / 990

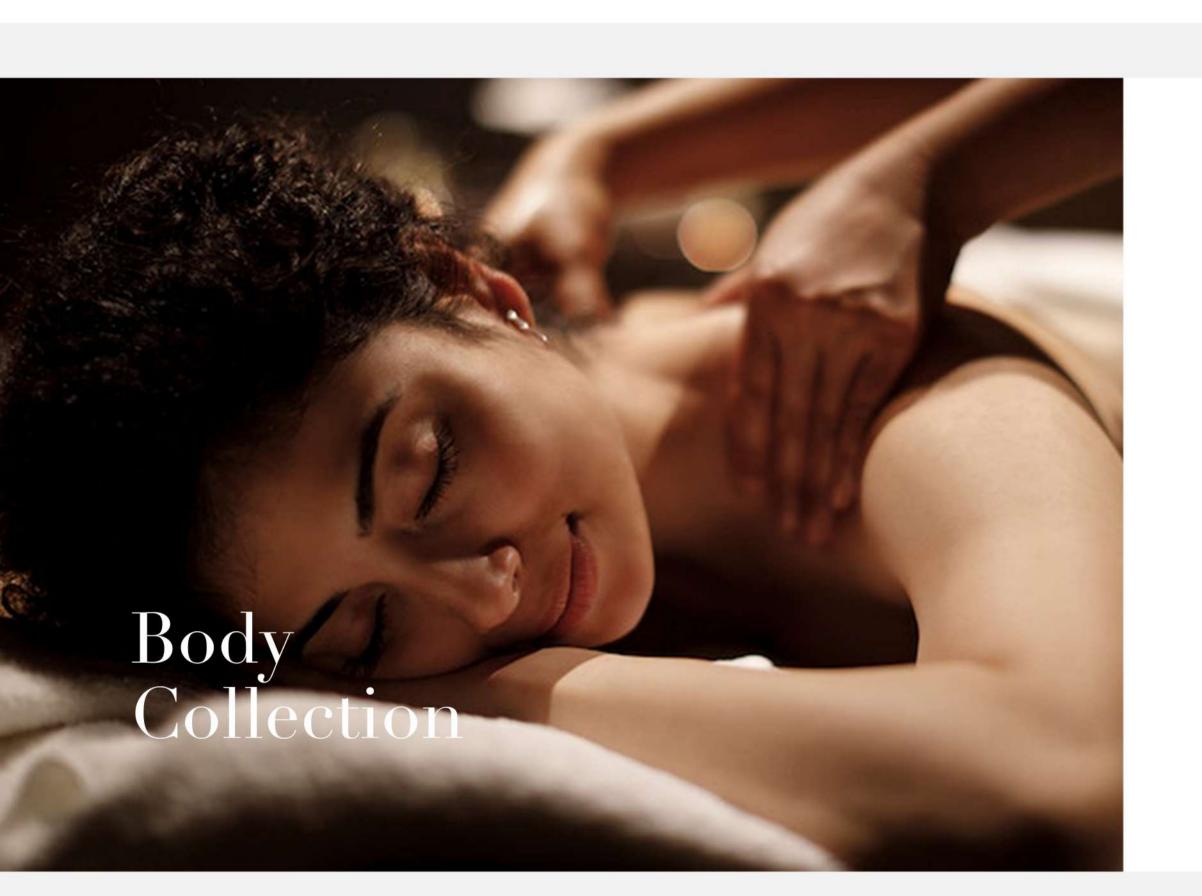
Let us help relieve some of the aches and pain that you are carrying around. Massage techniques and pregnancy support pillows will help you release and take good care of yourself and your baby.

### Lymphatic Massage 60 / 90 minutes | AED 800 / 900

Lymphatic drainage massage is a form of gentle massage that encourages the movement of lymph fluids around the body. The fluid in the lymphatic system helps remove waste and toxins from the bodily tissues. Some health conditions can cause lymph fluid to build up.

#### **Revitalized Back Massage** 30 minutes | AED 400

Release tension with a back, neck and shoulder massage.



"Restore your body with luxurious rituals incorporating natural and organic scrubs and wraps."

### **Enhancements**

Head, Neck & Shoulder Massage 30 min | AED 275

Mini Facial 30 min | AED 275



### Swiss Detox Ritual in 3 steps Wrap & Scrub & Massage

### 90 min | AED 900

This ritual consists of slimming and detoxifying treatments that will invigorate and refresh the body resulting in smoother texture, firmer skin and more contoured figure. Our treatment begins with scrub, then continues with our cryofit wrap, our treatment finishes with a lympho massage, to drain fluids and reduce water retention.

#### Wrap & Scrub Draining Cryofit 60 min | AED 580

This cold & refreshing treatment is famous to work on a better lymphatic circulation. It relaxes the veins and exfoliates the orange skin. It is an effective cure for heavy legs. Due to the menthol and camphor ingredients, it will

# invigorate and refresh the body.

Collagen lip therapy

**Enhancements** Gold firming mask **AED 320** Hydra filler mask **AED 280** Collagen volume **AED 200** Eye illumination **AED 180** Alpha white **AED 200** Alpine purity **AED 200** Scalp massage **AED 180** 



Mommy & Me

"While taking care of you, offer your children a selection of treatments to enjoy their first exclusive spa journey!"

### My First Massage

30 min | AED 320 A soft massage of the back, neck and shoulders with aroma soul oil

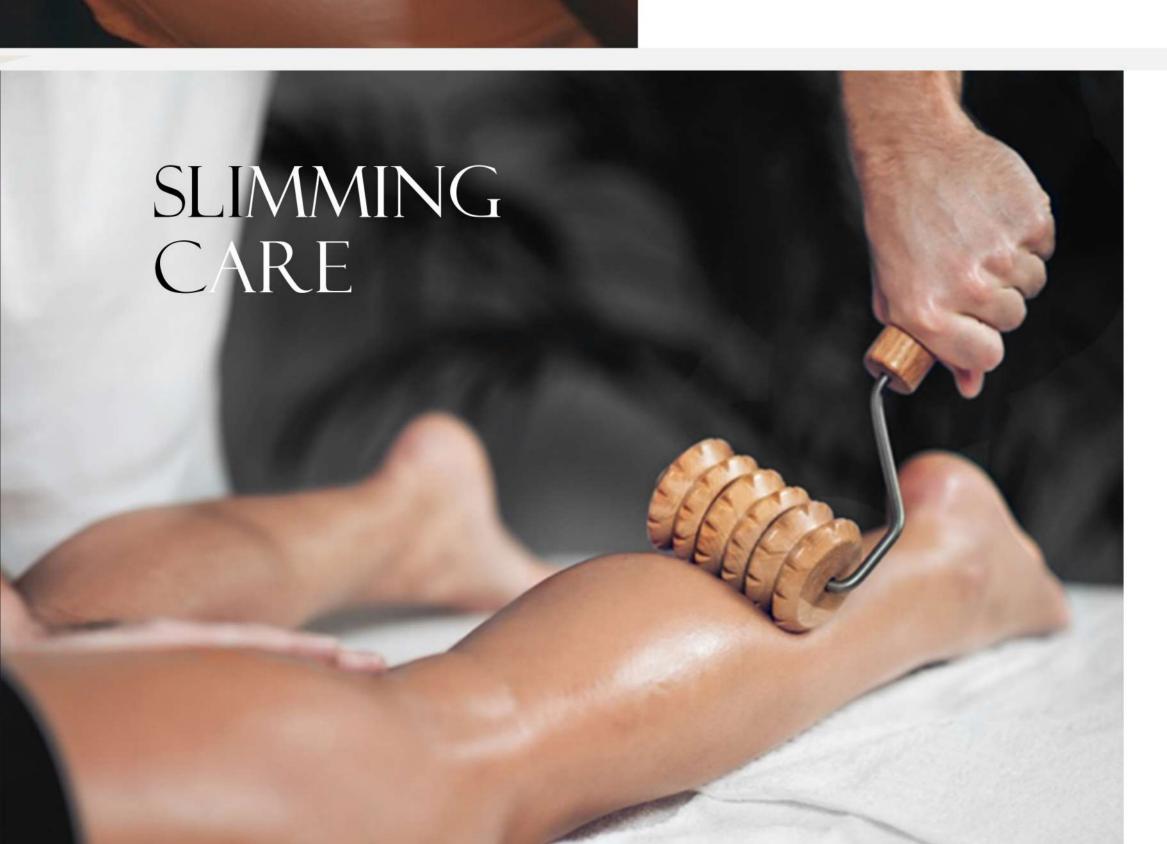
**AED 180** 

### My Feet Treat

30 min | AED 140 Fancy nails and polishes to leave you with very happy feet.

### **Shiny Hands**

30 min | AED 120 Nails are gently buffed to a healthy shine and finished with a coat of polish.



Pressotherapy
Lymphatic drainage, aqua therapy & blood circulation.

Single session (60 min) from AED 450Package of 10 sessions from AED 3500

Madero Therapy Lymphatic drainage & cellulite. Single session (60 min) from AED 850Package of 10 sessions from AED 4500

Localized areas: ·Stomach | Thigh | Legs | Love handle / waist Single session (90 min) from AED 900Package of 10 sessions from AED 8000

+ 2 FOC localized areas: · Stomach | Thigh | Legs | Love handle / waist | Butt | arms





The energizing 90 mins | AED 1500 • facial (age defy) / massage classic manicure / pedicure

The Travellers

180 mins | AED 1500 • Facial (age defy) Eye lash (Russian full set) Classic manicure / pedicure

Glamour

• Classic manicure / pedicure

120 mins | AED 1100 Russian full set

Lashesre fill



### The Loving Souls

• Classic manicure / pedicure

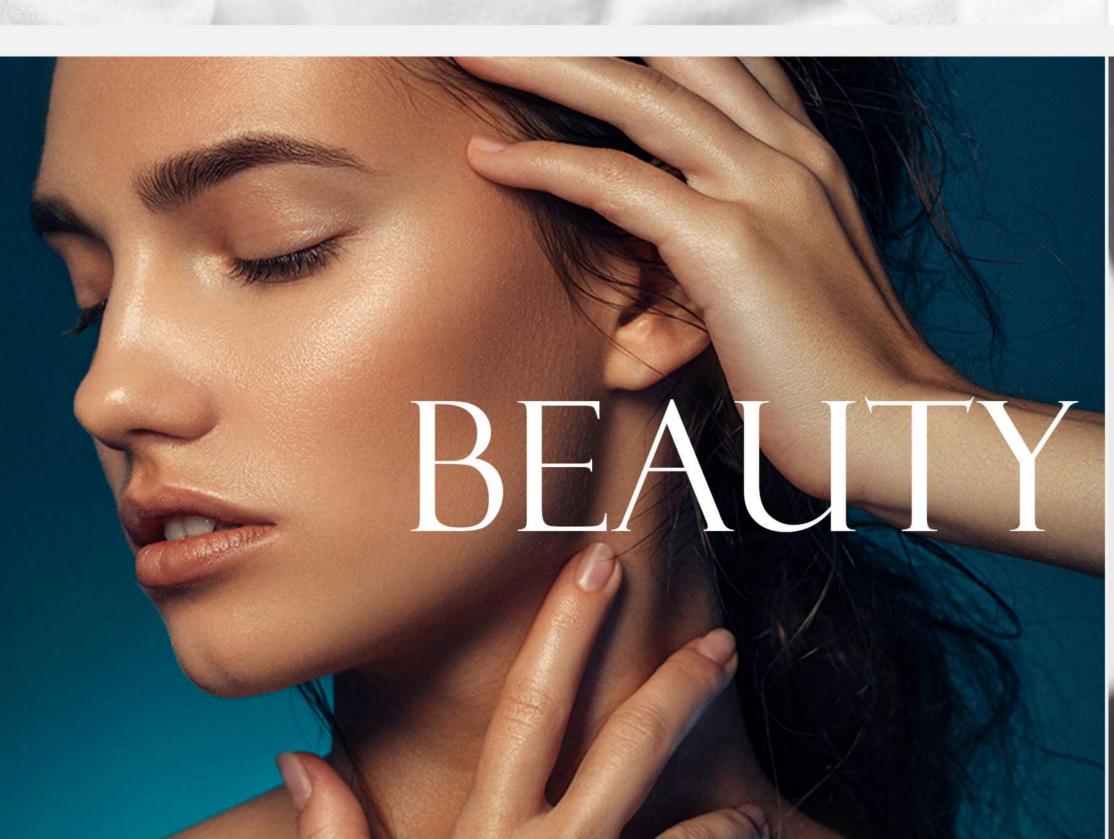
150 mins | AED 2500 • Choice of massage Deep Tissue massage | Thai massage hot stone massage

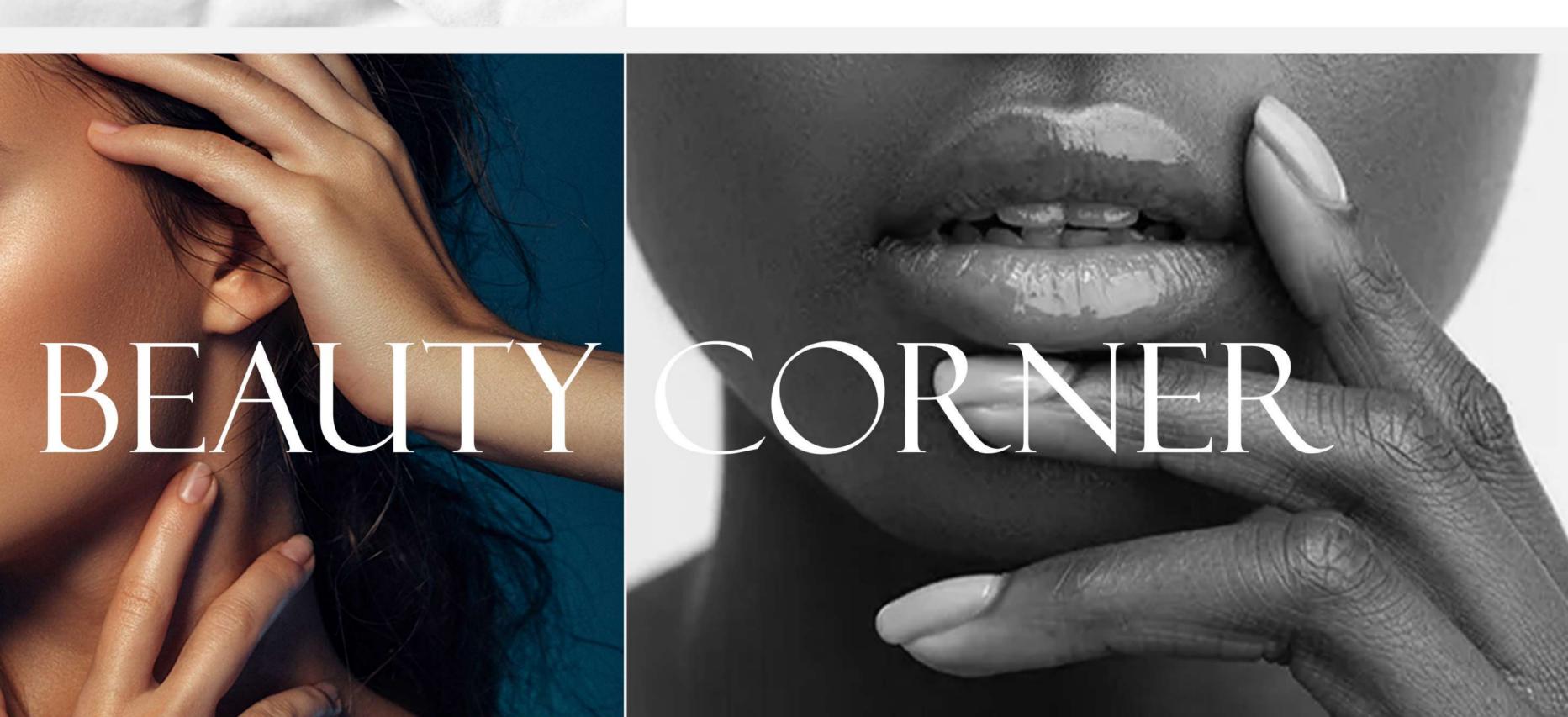
The Dubai Gateway

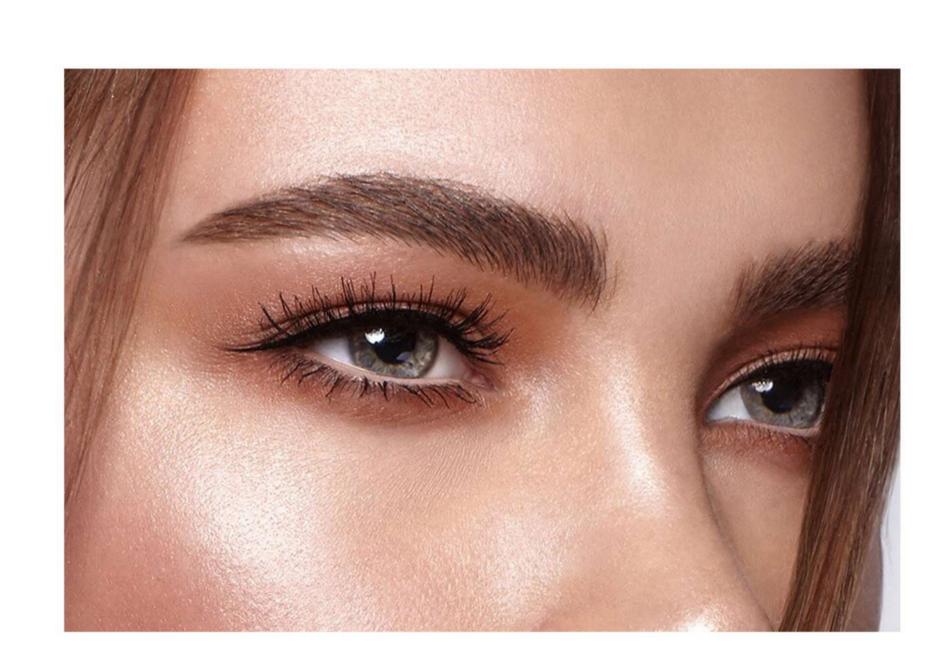
Bespoke facial

135 mins | AED 2200

Swiss salt crystal scrubchoice of massage Deep tissue massage | thai massage | Hot stone massage bespoke facial







### LASHES & **EYEBROWS**

• Russian full set	120 min - AED 800
<ul> <li>Natural full set</li> </ul>	90 min - AED 600
• Lashes refill	60 min - AED 380
• Lash Lift	60 min - AED 450
• Lash Tint	30 min - AED 120
• Lash Removal	30 min - AED180
• Brow Tint	15 min - AED 110
• Brow Lift	60 min - AED 350



# WAXING

• Full leg	45 min - AED 250
• Half leg	25 min - AED 160
• Arms	25 min - AED 210
• Under arms	15 min - AED 150
• Bikini	30 min - AED 120
• Brazilian bikini / full	50 min - AED 400
• Eyebrows, lip or chin	15 min - AED 100
• Back	45 min - AED 220



### BEAUTY FOR HAND & FEET

Classic manicure	30/ 45 min - AED 150
Classic pedicure	30/45 min - AED 180
Classic manlcure / pedicure combo classic	60 min - AED 300
• Polish change	15 min - AED 60
Classic french manicure	45 min - AED 180
Classic french pedicure	45 min - AED 210
Classic french manicure / pedicure combo	45 min - AED 360
• Spa manicure	60 min - AED 210
• Spa pedicure	60 min - AED 250
Spa manicure / pedicure combo	60 min - AED 400



### BEAUTY FOR HAND & FEET

Gel manicure	60 min - AED 220
Gel pedicure	60 min - AED 260
Gel manicure / pedicure combo	60 min - AED 450
Gel french manicure	60 min - AED 250
Gel french pedicure	60 min - AED 290
Gel french manicure / pedicure combo	60 min - AED 510
Acrylic nails extension	120 min - AED 580
• crylic nails - french	120 min - AED 610
Acrylic refill	90 min - AED 460
Acrylic per nail	15 min - AED 60



# BEAUTY FOR

HAND & FEET	
Ombre nail extension	120 min - AED 610
Add on gel on top color	15 min - AED 150
• Add on french gel / ombre gel on top	20 min - AED 160
Jelly spa pedicure	60 min - AED 290
Callus treatment	30 min - AED 150
Removal enhancement	30 min - AED 180
Nails cutting and filing	15 min - AED 60
Nails shape and polish	15 min - AED 80
• Gel removal	20 min - AED 50

# HOW TO ENJOY

# Health

We thank you for sharing any useful information about your health, allergies or injuries at the time of your reservation. A health questionnaire must be completed prior to any treatment. This procedure is mandatory in order to provide you with a service tailored to your needs. We recommend that you check with your doctor to confirm that it is safe for you to use the hammam before your treatment. Heat is not recommended for people with hypertension, circulatory problems, asthma or breathing difficulties.

# Loss or damage of personal belongings

We do not accept liability for loss or damage of personal effects. We recommend you keep your valuables either in the locker provided in our locker room or in your room safe if you are a guest at the hotel.

# **Cancellation Policy**

Please note that in the event of any modification or cancellation you should advise the reception.

Hygiene Rules For the sake of hygiene and cleanliness and to ensure the safety and health of our guests and teams, all of our equipment is cleaned and sterilized after each treatment and each use by our guests.

Weekly Buff

Reservations We strongly advise you to book your treatment at least one day in advance to ensure that the desired time slot and services are available. Non-hotel guests will receive an email or a confirmation call the day before an appointment.

30 min - AED 100

# Room Service

You can request to have a massage, manicure or pedicure in your room. An additional aed 160 per treatment will be charged for this service. For any treatment provided outside the spa's opening hours, an additional 50% of the treatment cost will be applied.

Cellphones Our spa is a place of calm and relaxation. To respect the tranquility of all of our guests, we kindly ask you to turn off

your cellphone and other electronic devices. If you are waiting for a phone message, please notify our receptionists, who will be happy to assist you.

#### Dress code For the sake of comfort, hotel guests are permitted to visit the spa in their bathrobe. Disposable underwear is at your disposal for treatments. If you forget your swimsuit, please note that swimwear is available for purchase at the

sary accessories.

spa reception. Changing rooms

For your comfort, our changing rooms are at your disposal, where you'll find bathrobes, slippers and all the neces-